

September

Tuesday	Wednesday	Thursday
Homemade Chicken Tenders	Homemade Sloppy Joes	Pulled Pork
Chicken Kabobs	Homemade Mac and Cheese	Savory ground beef and rice with buttery garden peas
Stir fried rice with broccoli and carrots	Grilled Cheese on Wheat	Creamy Orzo with Chicken
Pasta with Marinara Sauce	Fresh Garden saute of corn, lima beans and bacon	Black Beans and Rice
Quesadillas with assorted fillings	Hummus Pita Carrot Sticks Fresh fruit	Cheesy Spaghetti Bake

All meals will be accompanied by fresh fruits and/or veggies

****Menus are subject to change based on availability and last minute inspirations!***